

When is this approach most effective?

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Like any other treatment approaches, related to reflexotherapy, this approach is most effective for functional disorders(disorders without dysfunctions in organs and system structures) and least effective with organic disorders(when regular structure of organs and tissues is changed). However, it is impossible to give a precise answer to the question to what extent functional or organic disorders influence on health. Thus, tolerable state of health is possible at severe organic dysfunctions because of compensation of functional disorders. At the same time at unchanged organs structures functional disorders happened rapidly may lead to organism death.

Functional disorders inevitably lead to organic and the process is constant. It is difficult to define at what stage of "transformations" one or another organ is, so many mistakes are made here. Therefore, we need to and have to be skeptic and cautious to early diagnosis and forecast.

To sum up, I would like to say that since any person asked for help has disorders, which extent is difficult to assess, this treatment approach as a matter of principle is advised for majority of people. Moreover, the maximum negative consequence is just lack of the desired positive result when organic dysfunctions dominate over functional ones.

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